



# ➤ ABOUT EXCHANGE ✨

## Who is it for?

- for those who want to **try new things**
- for those who want to **challenge themselves**
- for those who want to **gain new competences**
- for those who want to **have fun**
- for those who want to get to **know themselves better**
- for those who want to **make new friendships**
- for those who want **an unforgettable experience**
- for those who **love outdoors**





# WHO CAN APPLY

**AGE:** from 18 to 23

**NUMBER OF PARTICIPANTS PER COUNTRY:** 5 youth  
+ 1 leader

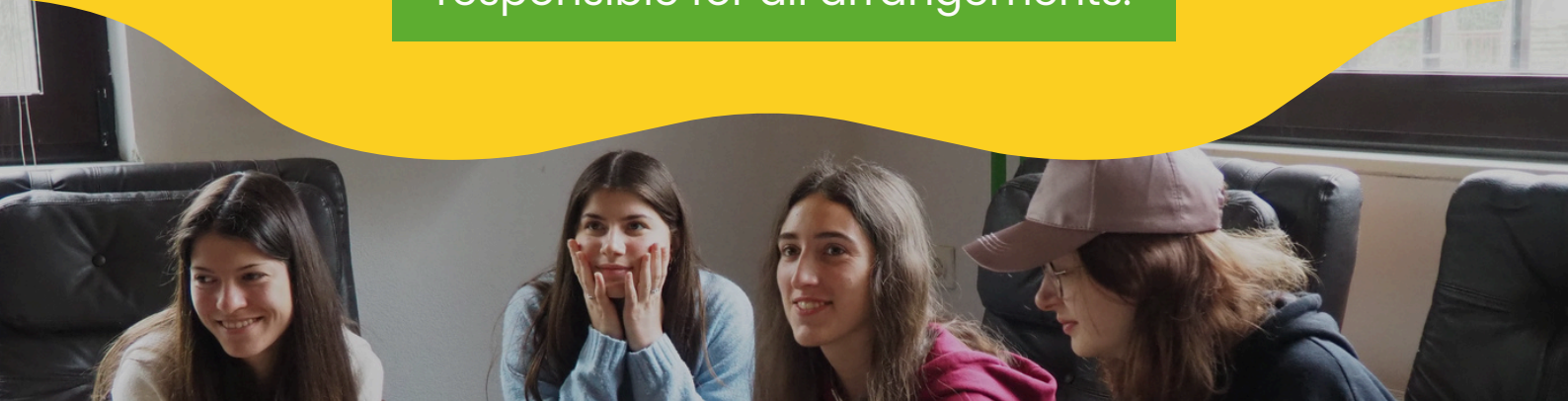
**DATES:**

- arrival day **28. 6.** / departure day **7. 7.**
- start of exchange 29. 6. / end of exchange 6. 7.

It is important that the participants are prepared for active cooperation, ready to explore different things and are open to new experience.

They should be interested in meeting new people, cultures and open to learn about others and their background.

Youth leaders will be provided by the organisation and will be responsible for all arrangements.



# PREPARATIONS

ARRIVING DAY: 28TH OF JUNE

We kindly ask you to arrive on 9th May until 14.00.

DEPARTURE DAY: 7TH OF JULY

Find transport tickets (to arrive on **28th June** and leave not earlier than on **7th July** in the morning from Idrija) and let us know about your arrival time.

You are entitled only to get a reimbursement of travel costs if you use **public means of transport**. The costs of a car ride or car rental cannot be reimbursed.

**Make sure you keep all travel documents!!** Online boarding passes and tickets can be forwarded by e-mail as well.

Make sure you have an active **European Health Insurance Card** (or order it).



Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580 EUR
4000 – 7999 km	1188 EUR	1188 EUR

# TRANSPORTATION

## ARRIVING TO SLOVENIA

### BY BUS

Flixbus from all major European cities to Ljubljana main station.



### TRAVEL GREEN!

- see more
- get extra travel days

### BY TRAIN

Train to Ljubljana from all major European cities. For searching optimal connections <https://www.thetrainline.com/>

### BY PLANE - Airports nearby

- Ljubljana (LJU),
- Graz (GRZ),
- Zagreb (ZAG),
- Trieste (TRS)
- Treviso (TSF).



There are shuttle buses available from all the surrounding airports by a company called GoOpti. It works like the public transport, but it is much faster and more adaptable.

HOW TO GET FROM LJUBLJANA TO IDRIJA? →

# TRANSPORTATION

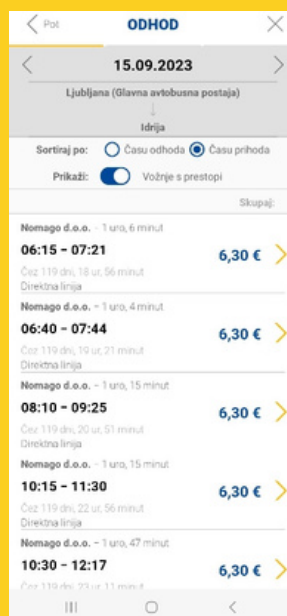
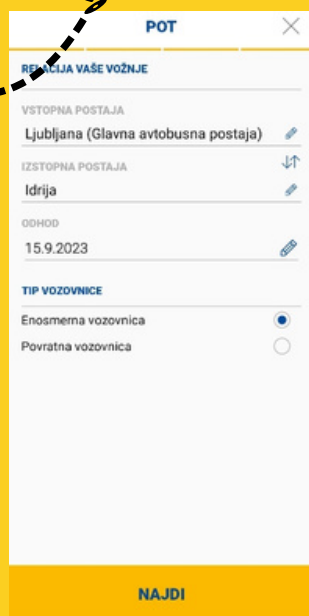
## ARRIVING TO IDRİJA

If you arrive to Ljubljana (or Logatec petrol station), the bus schedule is available on the “**Nomago**” app that you can download where you get your phone apps.

In the first screen you click “javni promet – enkratne”. You can buy the tickets via the app with a credit card or you can buy them **directly at the driver with cash** or at the main bus station.

ONLY WITH CASH!

Once you are at the bus stop in Ljubljana, the bus will be somewhere between the **number 11 and 13** (the board above it will say)




# FOOD



All **three meals\*** (breakfast, lunch, dinner) will be **provided by the host organisation.**

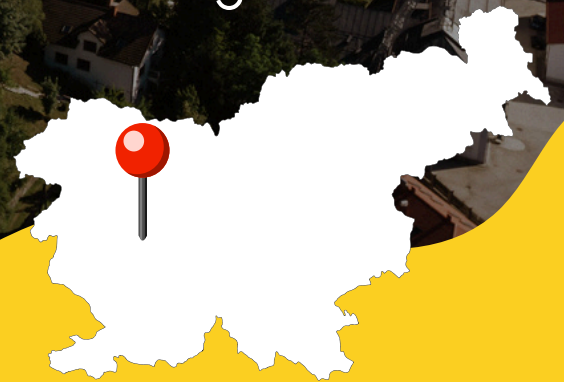
\*Let us know if you have any restrictions connected to food or specific diets. Or if you don't eat any specific food.

This are žlikrofi,  
traditional idrijan  
pasta dish!



# BRIEFLY ABOUT **IDRIJA**

Idrija is a town of some 6.000 inhabitants, and is located in Western Slovenia, halfway between Slovenian capital, Ljubljana, and the Italian border. It is a seat of municipality and functions as a centre of a broader Idrija-Cerkno region.



Idrija is a town of rich cultural and natural heritage. It boasts the title of “**the oldest Slovenian mining town**” as the first miners began to search for mercury here already in 1490. Later, 2nd largest mercury mine developed and Idrija became one of the most important mining centres in Central Europe.

The broader town area is since 2012 inscribed to **UNESCO World Heritage List** with its heritage of mercury.

The accommodation will be provided at Hostel Idrija, a youth hostel managed by Idrija Youth Centre. It is located less than 10 minutes walk from the town's centre.

**Rooms will be shared by 2, 3 or 4 people while the kitchen, living room area and bathrooms will be shared by the whole group.**

Bedsheets and towels are provided.

You can also use our washing machine and dryer, just ask at the reception



Hostel Idrija, Ulica IX. korpusa 17, 5280 Idrija

E: [hostel@mcidrija.si](mailto:hostel@mcidrija.si) T: +386 40 808 022

<https://booki.ng/2IkL12G>

A photograph of a hostel room. Two wooden beds with blue bedding and yellow patterned blankets are positioned on either side of a small white table. The table has a stack of books on it. A window with a wooden frame is in the background, showing greenery outside. Two desk lamps are on the beds. The word "ACCOMODATION" is overlaid in large white letters across the middle of the image.

**ACCOMODATION**

We recommend to bring some **comfortable shoes and clothes** that can get dirty for the workshops and games. Otherwise, bring clothes suitable for the time of the year.

Part of the exchange will take place outdoors. If you have a **sleeping bag** and **flashlight** please bring it with you.

Note that:

- there is no phone signal!
- shared sleeping arrangements,
- shared bathroom.



We will be spending 2 and a half days outdoors where there is **no phone signal!**

# WHAT TO PACK?





# GOT QUESTIONS?

## Slovenian organizational committee and our contacts

**Zarja Bašelj** (+386 70 556 508); [zarja.baselj@mcidrija.si](mailto:zarja.baselj@mcidrija.si)

**Jerca Korče** (+386 51 231 049); [jerca.korce@mcidrija.si](mailto:jerca.korce@mcidrija.si)



**ONLINE  
MEETING WITH  
PARTICIPANTS!**

**MONDAY, 9. 6.  
AT 18.00**

JOIN US!

# CTRL + ALT + EXPLORE

Idrija, Slovenia  
29. 6. - 6. 7. 2025

Applications are open until the end of May!





# BASIC SLOVENIAN

## NUMBERS

Ena (1), dva (2), tri (3), štiri (4), pet (5), šest (6), sedem (7), osem (8), devet (9), deset (10)

## BASICS

dobro jutro	good morning
dober dan	hello, good day
dober večer	good evening
lahko noč	good night
živijo!	hi!
se vidimo!	see you
dober tek!	bon appetit
na zdravje	cheers/bless you
Koliko je ura?	What's the time?
Moje ime je ...	My name is ...
Kako si?	How are you?
Eno kavo / sok / pivo prosim	One coffee / juice / beer, please
da / ja	yes



## **IMPORTANT ADDRESSES:**

**Idrija Hospital:** Ulica Otona Zupančiča 3

**Pharmacy:** Arkova ulica 4

**Hostel/Youth Center:** Ulica IX. korpusa 17

## **IMPORTANT NUMBERS:**

- Police: 113
- Ambulance: 112
- International code for Slovenia: 00 386
- Youth centre phone number: 00 386 51 231 049
- Hostel phone number: 00 386 40 808 022